

Overcoming Infertility A Guide For Jewish Couples

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B'sha'ah Tovah Baruch Finkelstein 1993-01-01

The Fertility Doctor's Guide to Overcoming Infertility Mark P. Trolice 2020-01-07 Give yourself the best-possible odds for getting pregnant and having a baby with this concise, expert, and encouraging companion as your guide! In the only general guide to infertility written by a medical doctor who specializes in the subject, Mark Trolice, MD—who is board-certified in both OB/GYN and REI (Reproductive Endocrinology and Infertility)—shares the practical knowledge he has gained from working in infertility medicine for years, with many hundreds of patients, along with the warmth and wisdom he has acquired from getting to know prospective parents from all kind of backgrounds. The journey from infertility to fertility, from childlessness to a brand-new baby, can be long and arduous. It involves complicated medical diagnoses, a wide range of treatment options, a host of potential lifestyle changes, lots of emotional ups and downs, and—even with the best medical insurance—challenging financial decisions. Your doctors cannot decide everything for you, and that is why an authoritative and comprehensive book, written in clear and understandable language for the layperson, is essential. This is that book. The book opens with an exploration of all the possible causes of infertility, covering both couples who have never been pregnant and ones who have had recurrent losses of pregnancies. Unique among infertility guides, this

volume gives roughly equal weight to male and female causes, which is important because about 40% of infertility cases are due to men's issues—and some couples need to address issues in both the prospective mother and prospective father. It covers endometriosis, fibroids, POS (Polycystic Ovarian Syndrome), tubal factor, male factor, and other possible causes. Next it looks at your treatment options. Importantly, these are not just medical interventions, but they also include lifestyle changes you alone can make, involving sleep, diet, exercise, and other forms of self-care. Among medical options, IUI (Intrauterine Insemination), IVF (In Vitro Fertilization), and various surgical procedures are covered in detail. Some couples are lucky to have a short journey to fertility. For others, the process takes years. With a gentle and sure hand, and non-judgmentally, Dr. Trolice guides you through the many decisions you need to make along the way, such as whether or not to continue treatments, whether to change practitioners or treatments, and whether it is a good idea to continue to spend money on procedures not covered by your insurance. He understands that these are emotionally weighty decisions that involve the future of your family, and he provides ample grounds for optimism and hope, empowering you as you take this journey.

Planning Your Family Alan Frank Guttmacher 1969

Fertility and Jewish Law Ronit Irshai 2012 A comprehensive comparative study of Jewish law on contemporary reproductive issues from a gender

perspective

Infertility Counseling Sharon N. Covington 2006-10-16 *Infertility Counseling: A Comprehensive Handbook for Clinicians*, 2nd edition, is a comprehensive, multidisciplinary textbook for all health professionals providing care for individuals facing reproductive health issues. It is the most thorough and extensive book currently available for clinicians in the field of infertility counseling, providing an exhaustive and comprehensive review of topics. It addresses both the medical and psychological aspects of infertility, reviewing assessment approaches, treatment strategies, counseling for medical conditions impacting fertility, third-party reproduction, alternative family building and post infertility counseling issues. Each chapter follows the same format: introduction, historical overview, literature review, theoretical framework, identification of clinical issues, suggestions for therapeutic interventions, and future implication. This edition also includes extensive appendixes of clinical tools useful to the clinician, including an Internet database of resources and an extensive glossary of terminology.

Tradition 2007

Modern Judaism Nicholas Robert Michael De Lange 2005-01 "A multi-disciplinary, multi-authored guide to Jewish life and thought. This book covers the major areas of thought in Jewish Studies, including considerations of religious differences, sociological, philosophical, and gender issues, geographical diversity, inter-faith relations, and the impact of the Shoah (the Holocaust) and the modern state of Israel" --Provided by publisher.

The Complete Directory for People with Chronic Illness, 1994 Leslie Mackenzie 1994 Provides access to resources for those suffering from chronic diseases

The Everything Fertility Book Nicole Galan 2010-12-18 Infertility can be a frustrating and heartbreaking disorder compounded by complicated treatments and so-called miracle cures on the market. But couples who have trouble conceiving need all their options laid out in one convenient guide. In this book, you'll find the medical and holistic information you need to conceive and bear a happy, healthy child, such as: Side effects of

the latest fertility drugs
Yoga poses that aid fertility
What to expect when seeing a fertility expert
Birth rates associated with various treatments
Coping methods for dealing with loss
With this authoritative and friendly guide, getting pregnant doesn't have to be a stressful process. Armed with knowledge and reassurance, you will be ready to make the choices that work best for you and start your family, today.

Social Change and Halakhic Evolution in American Orthodoxy

Chaim I. Waxman 2017-08-01 Chaim Waxman, a prominent sociologist of contemporary Orthodoxy, is one of the keenest observers of American Jewish society. In illustration of how Orthodoxy is adapting to modernity, he presents a detailed discussion of halakhic developments, particularly regarding women's greater participation in ritual practices and other areas of communal life. He shows that the direction of change is not uniform: there is both greater stringency and greater leniency, and he discusses the many reasons for this, both in the Jewish community and in the wider society. Relations between the various sectors of American Orthodoxy over the past several decades are also considered.

Why Me God Lisa Aiken 1997-02-01 *Why Me, God?* is the first English-language book that melds traditional Jewish perspectives about suffering with practical suggestions for coping. Chapter by chapter, this book provides real strategies to deal with all manner of suffering from loneliness, to suicide, to terminal illness, and everything in between, each chapter is full of useful information including listings of further reading and resource guides. It is an essential volume for those dealing with tragedy in their lives.

Hakirah 2008

Nine Wonderful Months Baruch Finkelstein 2001 *The Jewish Woman's Clinical & Halachic Guide to Pregnancy and Childbirth!* A complete guidebook including up-to-date clinical information; diagrams, illustrations and full-color photos of fetal development; prenatal care and laws of prenatal testing; nutrition, exercises, and Lamaze techniques; laws pertaining to childbirth and and bris; inspiring Torah thoughts and commentary. Approved by leading Rabbinic and medical authorities.

Lilith 2005

The Jewish Quarterly 2005

Conquering Infertility Alice D. Domar 2004-02-24 Infertility is a heartbreaking condition that affects nine million American couples each year. It causes tremendous stress, can trigger debilitating sadness and depression, and can tear a marriage to shreds. In *Conquering Infertility*, Harvard psychologist Alice Domar—whom *Vogue* calls the “Fertility Goddess”—provides infertile couples with what they need most: stress relief, support, and hope. Using the innovative mind/body techniques she has perfected at her clinic, Domar helps infertile women not only regain control over their lives but also boost their chances of becoming pregnant. With *Conquering Infertility*, women learn how to cope with infertility in a much more positive way and to carve a path toward a rich, full, happy life.

Year Book of the Central Conference of American Rabbis Central Conference of American Rabbis 1978 Containing the proceedings of the convention...

Reader's Guide to Judaism Michael Terry 2013-12-02 The Reader's Guide to Judaism is a survey of English-language translations of the most important primary texts in the Jewish tradition. The field is assessed in some 470 essays discussing individuals (Martin Buber, Gluckel of Hameln), literature (Genesis, Ladino Literature), thought and beliefs (Holiness, Bioethics), practice (Dietary Laws, Passover), history (Venice, Baghdadi Jews of India), and arts and material culture (Synagogue Architecture, Costume). The emphasis is on Judaism, rather than on Jewish studies more broadly.

Third-Party Reproduction James M. Goldfarb 2013-10-07 The first IVF conceived birth in 1978 resulted in a significant growth of third party reproductive options which continue to raise ethical, legal, and psychological questions. Third party reproduction procedures can involve as many as five people: sperm donor, egg donor, gestational carrier, and intended parents. *Third-Party Reproduction: A Comprehensive Guide* utilizes experts in the field to address the medical, psychological, ethical and legal aspects of sperm donation, egg donation, embryo donation, and the use of gestational carriers. In addition, there are chapters on the medical and ethical aspects of posthumous reproduction, religious

aspects of third party reproduction, and how to avoid pitfalls of third party reproduction. Aimed at physicians, trainees, psychologists, nurses, and social workers whose practices may include patients considering third party reproduction, the intent of this book is to provide a comprehensive and practical overview of the many aspects of third party reproduction to help all those involved to better understand them. Patients considering third party reproduction may also find value in this book.

Beating the Adoption Odds Cynthia D. Martin 1998 A comprehensive analysis of the controversial issues surrounding adoption reveals different ways people can acquire babies, from medical repair to the black market, including advisory resources and step-by-step adoption processes

The Trying Game Amy Klein 2020-04-07 From the author of “Fertility Diary” for the New York Times Motherlode blog comes a reassuring, no-nonsense guide to both the emotional and practical process of trying to get pregnant, written with the smarts, warmth, and honesty of a woman who has been in the trenches. “A compassionate, often funny, well-researched, and ultimately empowering guide.”—Lori Gottlieb, New York Times bestselling author of *Maybe You Should Talk to Someone* There are so many ways to be Not Pregnant: You can be young, old, partnered, or unpartnered. Maybe you have endometriosis. Maybe you don't have enough eggs or your partner doesn't have enough sperm. Or maybe there's nothing wrong except you're Just. Not. Pregnant. Amy Klein has been there. Faced with fertility obstacles, she quickly became an expert. After nine rounds of IVF, four miscarriages, three acupuncturists, two rabbis, and one reproductive immunologist, she finally became a mother. And she wrote about it all for the New York Times Motherlode blog in her “Fertility Diary” column. Now, Amy has written the book she wishes she'd had when she was trying to get pregnant. With advice from medical experts as well as real women, she outlines your options every step of the way, from questions you should ask to advice on getting your mother-in-law to mind her own beeswax. In this comprehensive road map to infertility, you'll find topics such as:

- whether to freeze your eggs
- finding (and affording) a clinic
- what to expect during your first IVF cycle
- baby envy—aka it's okay to skip your friend's shower
- whether the

alternative route—acupuncture, herbs, supplements—is for you • helpful tips, charts, and more! Empowering, compassionate, and down-to-earth, The Trying Game will show you what to expect when you're not expecting with heart and humanity when you need it the most.

[A Man's Responsibility](#) Joseph B. Meszler 2010-09-01 A provocative look at the ideals that define what it means to be a Jewish man. Shows how a new generation of Jewish men can grow spiritually and strengthen the intangible bonds of family, love, duty and truth which ultimately lead to God.

[Index to Jewish Periodicals](#) 2005 An author and subject index to selected and American Anglo-Jewish journals of general and scholarly interests.

Overcoming Infertility Tommaso Falcone 2006 This Cleveland Clinic Guide gives couples facing fertility issues substantive information from a source trusted all over the world--a pioneer in such treatment as in vitro fertilization.

Overcoming Infertility Richard V. Grazi 2005 At a time when medical advances in fertility treatment are being made with unprecedented speed, Jewish couples are finding themselves psychologically and ethically challenged. *Overcoming Infertility* is an indispensable reference book for couples, rabbis and counselors trying to understand and resolve the complex issues of fertility therapy. This thorough and sensitive work examines contemporary technologies as they relate to halakha, the particular psychological and social issues faced by Jewish couples grappling with infertility, and the intersection of the physical and spiritual aspects of overcoming infertility to give couples the guidance and hope they need to fulfill the profound human desire to have children.

Bread and Fire Rivkah Slonim 2008 Bread and Fire is about the everyday lives of Jewish women and the struggles and aspirations, failings and triumphs of their spiritual endeavors. The women whose writings appear in this book span a wide range of ages, backgrounds, perspectives and professions. In her own way, each one reveals God as an anchoring force in her life. Readers will find themselves laughing, crying and gaining reassurance and strength as they come face-to-face with these women just like them who are moving forward in the ancient quest to find

God in the everyday.

Fertility Counseling Sharon N. Covington 2015-04-02 Using real-world cases, this clinical guide details the psychosocial challenges faced by patients navigating the world of medically assisted reproduction (MAR). It describes in depth the latest perspectives on counseling approaches to the evolving complexities of family creation, whether fertility issues are a presenting problem or occur during the course of therapy or the aftermath of a struggle with infertility. Applying an evidence-based, cross-border approach, international experts not only discuss advanced perspectives on topics such as third party reproduction, pregnancy loss and adoption, but also newer issues of fertility preservation, 'older' patient parenthood, LGBT and singles' family creation. A comprehensive resource, it explores pioneering insights into fertility counseling such as spirituality, developing disclosure language, a counselor's personal fertility issues, and more. This is an essential aid for medical and mental health professionals to develop and refine the skills needed to treat the increasingly diverse and complex needs of MAR patients.

[American Book Publishing Record](#) 2006

Overcoming Infertility

Guide for the Romantically Perplexed Lisa Aiken 2003 "Covers every aspect of Jewish dating, marriage, divorce, and remarriage. For singles, it is a step-by-step guide that helps you find a mate and keep that mate for life. For married, divorced, or remarried couples, this is a self-help manual that really works. - Includes case studies that highlight why people succeed or fail in their interpersonal relationships. - Well documented from both a Jewish and contemporary psychological viewpoint. - Pertinent for Jewish men and women from all levels of the Jewish religious spectrum"--

The Jewish Family Ethics Textbook Neal S. Scheindlin 2021-10 The Jewish Family Ethics Textbook guides teachers and students of all ages and backgrounds in mining classical and modern Jewish texts to inform decision making on hard choices.

Overcoming Infertility: A Guide for Jewish Couples Richard V. Grazi 2010-06 At a time when medical advances in fertility treatment are being

made with unprecedented speed, Jewish couples are finding themselves psychologically and ethically challenged. Overcoming Infertility is an themselves psychologically and ethically challenged. Overcoming Infertility is an

Overcoming Infertility Gerard Honoré 2010-08-30 Confronting a problem that affects one out of 10 American couples, this all-inclusive, question-and-answer guide offers insight and encouragement in the face of infertility. Addressing the deep disappointment and emotional distress that accompany a diagnosis, this resource emphasizes that there is still hope regarding this daunting condition. Penned by a reputable endocrinologist who has treated thousands of couples, this helpful reference provides a way to navigate through a confusing time, clearly illustrating the most suitable treatment options. Topics covered include the causes of both female and male infertility, how to cope emotionally with a diagnosis, and utilizing the new Assisted Reproductive Technologies (ART). From choosing a fertility specialist to taking advantage of the most recent developments, this exhaustive study provides practical guidance for couples facing this overwhelming syndrome.

Yiddish Tales Helena Frank 1912

Jewish Bioethics Yechiel Michael Barilan 2013-12-30 Presents the discourse in Jewish law and rabbinic literature on bioethical issues, highlighting practical problems in their socio-historical contexts.

The Trying Game Amy Klein 2020-04-07 From the author of "Fertility Diary" for the New York Times Motherlode blog comes a reassuring, no-nonsense guide to both the emotional and practical process of trying to get pregnant, written with the smarts, warmth, and honesty of a woman who has been in the trenches. "A compassionate, often funny, well-researched, and ultimately empowering guide."--Lori Gottlieb, New York Times bestselling author of *Maybe You Should Talk to Someone* There are so many ways to be Not Pregnant: You can be young, old, partnered, or unpartnered. Maybe you have endometriosis. Maybe you don't have enough eggs or your partner doesn't have enough sperm. Or maybe there's nothing wrong except you're Just. Not. Pregnant. Amy Klein has

been there. Faced with fertility obstacles, she quickly became an expert. After nine rounds of IVF, four miscarriages, three acupuncturists, two rabbis, and one reproductive immunologist, she finally became a mother. And she wrote about it all for the New York Times Motherlode blog in her "Fertility Diary" column. Now, Amy has written the book she wishes she'd had when she was trying to get pregnant. With advice from medical experts as well as real women, she outlines your options every step of the way, from questions you should ask to advice on getting your mother-in-law to mind her own beeswax. In this comprehensive road map to infertility, you'll find topics such as: * whether to freeze your eggs * finding (and affording) a clinic * what to expect during your first IVF cycle * baby envy--aka it's okay to skip your friend's shower * whether the alternative route--acupuncture, herbs, supplements--is for you * helpful tips, charts, and more! Empowering, compassionate, and down-to-earth, *The Trying Game* will show you what to expect when you're not expecting with heart and humanity when you need it the most.

Jewish Guide to Practical Medical Decision-Making Jason Weiner

2021-03-01 Due to the rapid advances in the medical field, existing books on Jewish medical ethics are quickly becoming outdated and irrelevant. *Jewish Guide to Practical Medical Decision-Making* seeks to remedy that by presenting the most contemporary medical information and rabbinic rulings in an accessible, user-friendly manner. Rabbi Weiner addresses a broad range of medical circumstances such as surrogacy and egg donation, assisted suicide, and end of life decision making. Based on his extensive training and practical familiarity inside a major hospital, Rabbi Weiner provides clear and concise guidance to facilitate complex decision-making for the most common medical dilemmas that arise in contemporary society.

The Third Key Baruch Finkelstein 2005 The pain of infertility is heartbreaking, frightening, and a real test of faith. In this ground-breaking volume, couples can access the information, Torah outlook, and answers they need in a clear, practical manner. Questions raised include: How do we know if there is a problem? How can the Torah be a source of support? What can we expect at the fertility clinic? Where are the side effects of

fertility medication? Can one live a fulfilling life without children? This book takes couples down the obstacle-strewn path toward fertility, discussing all factors that encompass difficulty conceiving. Topics discussed include: male fertility testing, IVF, adoption, niddah issues, faith, prayer, dealing with society, when to stop, choosing the right aregiver, producedures on Shabbos, being positive, and much more. This step-by-step, comprehensive guide is an indispensable tool for couples seeking fertility, but it will also be of great interest and benefit to relatives and friends of childless couples, as well as rabbis, therapists, and social workers.

Ben Porat Yosef Michael Avioz 2019-10-15

The Unofficial Guide to Overcoming Infertility Joan Liebmman-Smith 1999-05-06 The inside scoop... for when you want more than the official line! Having a baby is a joyous event that most couples look forward to. But sometimes nature just doesn't cooperate. If you and your partner are having difficulty conceiving, how can you increase your chances of pregnancy? You want to know what causes infertility, how much your lifestyle may be contributing to the problem, and what you can look for in medical and non-traditional therapies aimed at overcoming infertility. You

want the inside scoop. The Unofficial Guide™ to Overcoming Infertility is designed to give savvy consumers like you a foolproof appraisal of what works and what doesn't—the good treatments and the bad ones—with unbiased recommendations that are not influenced by any company, product, or organization. This book, like every Unofficial Guide,™ is intensively inspected by the Unofficial Panel of Experts, a team of highly respected health-care professionals. They ensure that you are armed with the most up-to-date insider information on infertility treatments and are told exactly what the Official establishment doesn't want you to know. Vital Information that other sources can't or won't reveal—including an unbiased guide to the many infertility treatments available. Insider Secrets from health-care professionals and clinical researchers—and once-infertile couples who are now experiencing the joy of parenthood. Money-Saving Techniques that will help you find the resources to pay for your medical tests and expenses. Time-Saving Tips that enable you to take an active role in overcoming infertility while keeping your day-to-day life on track. The Latest Trends in infertility treatments—including medical and nonmedical procedures and holistic approaches. Handy Checklists and Charts that will help you plan your eventual pregnancy and keep the process stress free.